



KING'S
COLLEGE
SCHOOL

CHAMARTÍN

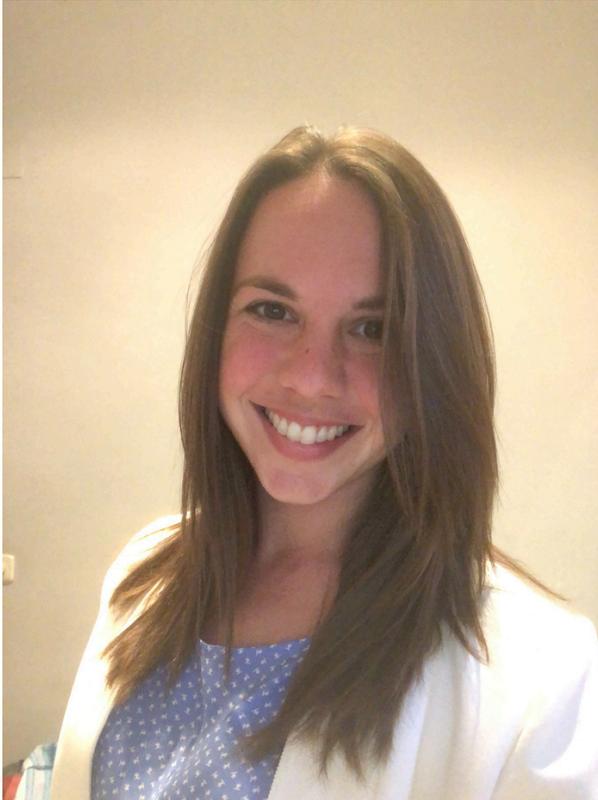
An **inspired** school

EXTRA-CURRICULAR BOOKLET



| Acting HEADTEACHER'S
LETTER

WELCOME —



Dear Families,

At King's College, Chamartín we are extremely proud of the rich and broad curriculum we offer. Providing high levels of engagement through creative activities that stretch and challenge all our pupils. However, we have worked hard to provide additional activities to complement this curriculum for those interested in developing specific skills in other key areas.

We carefully consider activities we offer each year to ensure they add value to your child's overall development and in particular we look to offer a variety of additional activities that cover physical, cognitive and creative development.

A handwritten signature in black ink, which appears to read 'Alison Entwistle'. The signature is fluid and cursive.

Alison Entwistle

Acting HEADTEACHER





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OVERVIEW





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SPORTS



In addition to our PE lessons where we teach a variety of sports, yoga, gymnastics and dance throughout the term, we also provide weekly extra-curricular classes for children to develop specific skills through sustained training. Physical activities help to encourage an active lifestyle, it is important that children enjoy physical activities as it means they are likely to do it more often.

Martial arts develop physical fitness and strength, coordination & balance as well as building self-discipline. Judo is a high intensity contact sport focused primarily on the ground.

Football is a sport that is highly beneficial for the development of communication, teamwork and social skills in addition to the physical benefits of staying healthy. This sport specifically develops fundamental gross motor skill movements such as running and jumping as well enhancing coordination and spatial awareness.

Our children from Pre-Nursery to Year 2 enjoy their swimming sessions. It is a perfect opportunity to not only build on key survival skills in the water which can significantly reduce the risk of drowning and increase water confidence, but also develop gross motor skills and swimming technique.





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PHYSICAL



In **Musical Theatre** children learn to explore their creativity and imagination through acting games and activities that involve both dancing and singing at the same time. They also get to build an ensemble which teaches them to develop their team spirit.

Dance provides good physical exercise as well as strengthening the brain's attention systems and this may lead to improved cognitive abilities.

Ballet is open for both boys and girls to join, it improves balance, lateral movement, footwork, coordination, timing, leg and core strength, and most importantly flexibility.

Yoga is about nurturing young hearts and minds, fostering connections and laying a foundation for lifelong wellbeing! Our yoga classes are engaging, fun filled and specifically designed, based on the age group of the children, to develop their motor skills.

Yoga can help to:

- improve attention and focus
- alleviate stress and anxiety
- provide a healthy coping mechanism
- assist with self-regulation





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COGNITIVE



Chess

Through the carefully planned activities we have at King's College, Chamartín, we can ensure our pupils will develop their problem-solving skills and confidence in themselves as lifelong learners. Enhancing cognitive learning skills teaches students how to learn more effectively. Students learn to do more than repeat what they have learned and most importantly, they understand the “why” behind a topic and how it fits into a larger picture.

Research shows that those who learn to play chess develop a wide range of skills that enhance their overall learning experience. **Chess** players must learn strategy and the skill of being able to see something from the other person's perspective. Cognitive abilities such as working memory, fluid intelligence, and concentration capacity are developed through playing and learning chess. Pupils will acquire new knowledge, to reason, to understand other people's emotions, be more creative and even improve their memory functions.





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COGNITIVE



CodingSTEAM Coding and Robotics

In our combined Coding & Robotics sessions, students will begin learning STEAM concepts and building problem-solving skills in a hands-on, creative environment! These sessions are designed to build foundational skills in both programming and robotics while fostering curiosity and confidence.

We begin by developing logic and problem-solving abilities through engaging games and activities. This prepares students to better understand and apply the building blocks of code. As they progress, students will learn to code using Python, a powerful and widely used programming language. With Python, they can create everything from simple games to dynamic, artistic designs—laying the groundwork for more advanced projects in the future. On the robotics side, students get to explore how robots interact with the world around them. Using real robots, they learn about different types of sensors and how to program their robots to perform a variety of tasks. This includes detecting and avoiding obstacles, following lines, playing sounds, sending messages, and responding to their environment.





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COGNITIVE



Chinese

In our engaging Chinese language sessions, students will begin developing foundational skills in Mandarin through immersive, interactive learning! These classes are designed to spark curiosity and build confidence in language acquisition while also fostering cultural appreciation and global awareness.

We start by introducing essential vocabulary, tones and basic sentence structures through games, songs and roleplay activities which make learning fun and memorable. As students progress, they'll begin reading and writing Chinese characters and forming simple conversations, helping them build real communication skills step by step.

Beyond the language, students will explore elements of Chinese culture—from traditional festivals and customs to food, art and calligraphy—gaining a well-rounded understanding of both modern and historical China. These sessions not only lay the groundwork for future language learning but also encourage empathy and open-mindedness by connecting students to one of the world's most spoken languages.





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MUSIC



Individual Lessons

Piano

The piano is probably the most popular instrument in our school. For this reason, we have an extensive staff of specialized teachers in jazz , modern and classical music.

As with other instruments, our students have the possibility of certifying their level through the Associated Board of Royal Schools of Music. (ASBRSM)

All our piano students, as well as those playing violin, may enjoy the possibility of studying, through the pieces selected by our teachers, the most important musical traditions of our history and finally being able to play baroque, classical, romantic or contemporary music.

Violin

Our music school has a talented staff of violin expert professors due to the increasing demand for this instrument.

Violin students have the possibility of certifying their level each year thanks to our agreement with the ASBRSM which enables the students to comfortably take their exams at our school. An option that can be translated as an extra motivation, as well as an incentive to the student's commitment with the instrument. Playing the violin is a marvellous opportunity for students to gain depth & knowledge surrounding the different historical moments of classical music, during the Baroque period, classical period as well as in later periods such as Romanticism or Impressionism.





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MUSIC



Music Initiation (Group)

King's Music School

We encourage students to begin their musical education from a young age, and for this reason we are able to provide our EYFS and Key Stage 1 students with individual or paired piano and violin lessons, or Music Initiation classes.

In Music Initiation classes students are encouraged to move and sing to music. they also receive an introduction to some basic theory concepts and performance techniques. This is a great option for those who enjoy music, but who are not ready to begin playing an instrument.

We recommend Music Initiation classes for EYFS students only, and we recommend piano and violin lessons for Years 1 and 2.





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ACTIVITIES SCHEDULE



PRE-PRE NURSERY TO YEAR 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Coding & Robotics (10:00 - 10:40)		Coding & Robotics (10:00 - 10:40)		Swimming (PN & N) 10:15 - 10:45
				Swimming (REC, Y1 & Y2) 12:15 - 12:45
LUNCH				
Coding & Robotics (1:30 - 2:10)	Chess (Rec, Y1 & Y2) 13:05 - 14:00	Coding & Robotics (1:30 - 2:10)		
Coding & Robotics (16:30 - 17:10)	Musical Theatre (Rec, Y1 & Y2) 15:30 - 16:15	Coding & Robotics (16:30 - 17:10)	Ballet (Nursery & Reception) 15:30 - 16:15	
Football (PN & N) 16:00 - 17:00	Chinese (Rec, Y1 & Y2) 16:25 - 17:25			
Judo (Rec, Y1 & Y2) 16:30 - 18:00	Yoga (Y1 & Y2) 16:30 - 17:15	Football (Rec, Y1 & Y2) 16:30 - 17:30	Ballet (Y1 & Y2) 16:30 - 17:15	



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PRICES



| Prices

Activity	Year Groups	Time	Price Term 1	Price Term 2	Price Term 3
Ballet	Nursery - Reception	15:30 - 16:15 (Thur)	160€	160€	160€
Ballet	Y1 - Y2	16:30 - 17:15 (Thur)	160€	160€	160€
Chess	Reception - Y2	13:05 - 14:00 (Tue)	160€	160€	160€
Chinese	Reception - Y2	16:25 - 17:25 (Tue)	195€	195€	195€
Football	PreN - Nursery	16:00 - 17:00 (Mon)	180€	180€	180€
Football	Reception - Y2	16:30 - 17:30 (Wed)	180€	180€	180€
Musical Theatre	Reception - Y2	15:30 - 16:15 (Tue)	160€	160€	160€
Judo	Reception - Y2	16:30 - 18:00 (Mon)	230€* includes annual Federation fee	230€* includes annual Federation fee	230€* includes annual Federation fee
Swimming	PreN	10:00 - 10:30 (Fri)	298€	255€	255€
Swimming	Nursery	10:30 - 11:00 (Fri)	298€	255€	255€
Swimming	Reception - Y2	12:15-12:45	298€	255€	255€
Music - Piano	Reception - Y2	Individual, or paired In school breaks	390€ individual 312€ paired	334€ individual 267€ paired	334€ individual 267€ paired
Music - Violin	Reception - Y2	Individual, or paired In school breaks	390€ individual 312€ paired	334€ individual 267€ paired	334€ individual 267€ paired

Prices

Activity	Year Groups	Time	Price Term 1	Price Term 2	Price Term 3
Music Initiation	Nursery - Reception	3+ pupils in school breaks	219€	188€	188€
Yoga	Y1 - Y2	16:30 - 17:15 (Tue)	160€	160€	160€
Coding	Y1 & Y2	(Mon) option of classes during the day or at 16:30 - 3 pupils per class	390€	390€	335€
Coding	Y1 & Y2	(Wed) option of classes during the day or at 16:30 - 3 pupils per class	390€	390€	335€





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CONTACT



Caroline McDonell

School Secretary

Email:

caroline.mcdonell@kingsgroup.org

Telephone:

+34 913 505 583

Address:

C/ Prieto Ureña N° 9E

28016

Madrid



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